

Tables of Traditional Chinese Acupuncture Chronotherapy

By: Paul Hysen PhD.

Open points according to Na Jia Fa

Notes: When more than one point is open the point on the last line of the column represents the returning Yuan Source Point for that cycle. The points in bold represent the first point of the next cycle. The points in italics are extraneous points that have been included by some authorities.

Stem 1 - Yang-Wood or Jia - Gall Bladder meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
	Liv2		H7		Sp5		Lu5		PC9	GB44	
			PC7								
			Ki3								

Stem 2 - Yin-Wood or Yi - Liver meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
SI2		St43		LI5		UB40		TW2	Liv1		H8
		GB40									

Stem 3 - Yang-Fire or Bing - Small Intestine meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
	Sp3		Lu8		Ki10		PC8	SI1		St44	
	Liv3										

Stem 4 - Yin-Fire or Ding - Heart meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
LI3		UB60		GB34		TW3	H9		Sp2		Lu9
SI4											H7

Stem 5 - Yang-Earth or Wu - Stomach meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
	Ki7		Liv8		PC7	St45		LI2		UB65	
										St42	

Stem 6 Yin-Earth or Ji - Spleen meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB38		SI8		TW6	Sp1		Lu10		Ki3		Liv4
									Sp3		

Stem 7 - Yang-Metal or Geng - Large Intestine meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
	H3		PC5	LI1		UB66		GB41		SI5	
								LI4			

Stem 8 - Yin-Metal or Xin - Lung meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
St36		TW10	Lu11		Ki2		Liv3		H4		Sp9
							Lu9				

Stem 9 - Yang-Water or Ren - Urinary Bladder meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
	PC3	UB67		GB43		SI3		St41		LI11	
						UB64					
						TW4					

Stem 10 - Yin-Water or Gui - Kidney meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW1							Sp5		Lu5		Ki1

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Stem 1 - Yang-Wood or Jia - Gall Bladder meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB38	Liv2	SI8	H7	TW6	SP1		Lu5		Ki3	GB44	Liv4
			PC7		Sp5		Lu10		PC9		
			Ki3						Sp3		

Stem 2 - Yin-Wood or Yi - Liver meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
SI2	H3	St43	PC5	LI1		UB40		GB41	Liv1	SI5	H8
		GB40		LI5		UB66		TW2			
								LI4			

Stem 3 - Yang-Fire or Bing - Small Intestine meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
St36	Sp3	TW10	Lu8		Ki2		PC8	SI1	H4	St44	Sp9
	Liv3		Lu11		Ki10		Liv3				
							Lu9				

Stem 4 - Heart meridian - Yin-Fire or Ding

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
LI3	PC3	UB60		GB34		SI3	H9	St41	Sp2	LI11	Lu9
SI4		UB67		GB43		TW3					H7
						TW4, UB64					

Stem 5 - Yang-Earth or Wu - Stomach meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW1	Ki7	Lu5	Liv8		PC7	St45		LI2		UB65	Ki1
		GB43								St42	
		Liv8									

Stem 6 Yin-Earth or Ji - Spleen meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB38	Liv2	SI8	H7	TW6	SP1		Lu5		Ki3	GB44	Liv4
			PC7		Sp5		Lu10		PC9		
			Ki3						Sp3		

Stem 7 - Yang-Metal or Geng - Large Intestine meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
SI2	H3	St43	PC5	LI1		UB40		GB41	Liv1	SI5	H8
		GB40		LI5		UB66		TW2			
								LI4			

Stem 8 - Yin-Metal or Xin - Lung meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
St36	Sp3	TW10	Liv8		Ki2		PC8	SI1	H4	St44	Sp9
	Liv3		Lu11		Ki10		Liv3				
							Lu9				

Stem 9 - Yang-Water or Ren - Urinary Bladder meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
LI3	PC3	UB60		GB34		SI3	H9	St41	Sp2	LI11	Lu9
SI4		UB67		GB43		TW3					H7
						TW4, UB64					

Stem 10 - Yin-Water or Gui - Kidney meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW1	Ki7		Liv8		PC7	St45		LI2		UB65	Ki1
										St42	

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Open points according to Ling Gui Ba Fa - Stem 1 and 6

See page 9 for further information.

Stem 1 and 6 – Branch 1.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Sp4	GB41	Ki6	Lu7	TW5	SI3	Ki6	TW5	UB62	GB41	Ki6
	PC6	TW5		Ki6		UB62				TW5	

Stem 1 and 6 – Branch 2.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6
	PC6	TW5		PC6						TW5	

Stem 1 and 6 – Branch 3.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Lu7	SI3	Ki6	TW5	UB62	GB41	PC6	Sp4	GB41	Ki6	Ki6	TW5
Ki6	UB62				TW5		PC6	TW5			

Stem 1 and 6 – Branch 4.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	GB41	Ki6	Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4
PC6	TW5		PC6	TW5							PC6

Stem 1 and 6 – Branch 5.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Lu7	SI3	Ki6	TW5	Sp4	UB62	PC6	Sp4	GB41	SI3	Ki6
	Ki6	UB62			PC6			PC6	TW5	UB62	

Stem 1 and 6 – Branch 6.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	Ki6	TW5	Sp4	GB41	Ki6	Sp4	GB41	UB62	Ki6
					PC6	TW5		PC6	TW5		

Stem 1 and 6 – Branch 7.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Sp4	GB41	Ki6	Lu7	TW5	SI3	Ki6	TW5	UB62	GB41	Ki6
	PC6	TW5		Ki6		UB62				TW5	

Stem 1 and 6 – Branch 8.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6
	PC6	TW5		PC6						TW5	

Stem 1 and 6 – Branch 9.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	PC6	Sp4	GB41	Ki6	Ki6	Lu7	SI3	Ki6	TW5	Sp4	GB41
		PC6	TW5			Ki6	UB62			PC6	TW5

Stem 1 and 6 – Branch 10.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62
						PC6	TW5		PC6		

Stem 1 and 6 – Branch 11.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Lu7	SI3	Ki6	TW5	Sp4	UB62	PC6	Sp4	GB41	SI3	Ki6
	Ki6	UB62			PC6			PC6	TW5	UB62	

Stem 1 and 6 – Branch 12.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	Ki6	TW5	Sp4	GB41	Ki6	Sp4	GB41	UB62	Ki6
					PC6	TW5		PC6	TW5		

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Open points according to Ling Gui Ba Fa - Stem 2 and 7

See page 9 for further information.

Stem 2 and 7 – Branch 1.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	GB41	Ki6	Lu7	GB41	Ki6	Ki6	TW5	UB62	PC6
			TW5		Ki6	TW5					

Stem 2 and 7 – Branch 2.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6
			TW5		PC6	TW5					

Stem 2 and 7 – Branch 3.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6	TW5	Sp4	GB41	Ki6	Lu7
PC6	TW5							PC6	TW5		Ki6

Stem 2 and 7 – Branch 4.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6	TW5
				PC6	TW5		PC6				

Stem 2 and 7 – Branch 5.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Sp4	GB41	SI3	Ki6	TW5	SI3	Ki6	PC6	Sp4	GB41	Ki6
	PC6	TW5	UB62			UB62			PC6	TW5	

Stem 2 and 7 – Branch 6.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6
	PC6	TW5							PC6	TW5	

Stem 2 and 7 – Branch 7.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	GB41	Ki6	Lu7	GB41	Ki6	Ki6	TW5	UB62	PC6
			TW5		Ki6	TW5					

Stem 2 and 7 – Branch 8.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6
			TW5		PC6	TW5					

Stem 2 and 7 – Branch 9.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
SI3	Ki6	TW5	Sp4	GB41	Ki6	Sp4	GB41	SI3	Ki6	TW5	UB62
UB62			PC6	TW5		PC6	TW5	UB62			

Stem 2 and 7 – Branch 10.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41
TW5		PC6						TW5		PC6	TW5

Stem 2 and 7 – Branch 11.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Sp4	GB41	SI3	Ki6	TW5	SI3	Ki6	PC6	Sp4	GB41	Ki6
	PC6	TW5	UB62			UB62			PC6	TW5	

Stem 2 and 7 – Branch 12.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6
	PC6	TW5							PC6	TW5	

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Open points according to Ling Gui Ba Fa - Stem 3 and 8

See page 9 for further information.

Stem 3 and 8 – Branch 1.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	GB41	Ki6	Lu7	SI3	Ki6	Ki6	TW5	UB62	PC6	Sp4	Lu7
	TW5		Ki6	UB62						PC6	Ki6

Stem 3 and 8 – Branch 2.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	GB41	Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6	TW5	Sp4
	TW5		PC6	TW5							PC6

Stem 3 and 8 – Branch 3.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Ki6	TW5	UB62	PC6	Sp4	Sp4	GB41	Ki6	Lu7	SI3	UB62
					PC6	PC6	TW5		Ki6	UB62	

Stem 3 and 8 – Branch 4.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62	GB41
		PC6	TW5		PC6						TW5

Stem 3 and 8 – Branch 5.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	SI3	Ki6	TW5	UB62	PC6	PC6	Sp4	GB41	Ki6	Lu7	TW5
TW5	UB62						PC6	TW5		Ki6	

Stem 3 and 8 – Branch 6.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5
TW5							PC6	TW5		PC6	

Stem 3 and 8 – Branch 7.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	GB41	Ki6	Lu7	SI3	Ki6	Ki6	TW5	UB62	PC6	Sp4	Lu7
	TW5		Ki6	UB62						PC6	Ki6

Stem 3 and 8 – Branch 8.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	GB41	Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6	TW5	Sp4
	TW5		PC6	TW5							PC6

Stem 3 and 8 – Branch 9.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW5	Sp4	GB41	Ki6	Lu7	SI3	SI3	Ki6	TW5	UB62	PC6	Ki6
	PC6	TW5		Ki6	UB62	UB62					

Stem 3 and 8 – Branch 10.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41	Ki6	Ki6
PC6						TW5		PC6	TW5		

Stem 3 and 8 – Branch 11.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	SI3	Ki6	TW5	UB62	PC6	PC6	Sp4	GB41	Ki6	Lu7	TW5
TW5	UB62						PC6	TW5		Ki6	

Stem 3 and 8 – Branch 12.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5
TW5							PC6	TW5		PC6	

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Open points according to Ling Gui Ba Fa - Stem 4 and 9

See page 9 for further information.

Stem 4 and 9 – Branch 1.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	PC6	Ki6	Lu7	GB41	Ki6	Lu7	TW5	UB62	PC6
					Ki6	TW5		Ki6			

Stem 4 and 9 – Branch 2.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6
					PC6	TW5		PC6			

Stem 4 and 9 – Branch 3.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	GB41	Ki6	Lu7	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6	Lu7
PC6	TW5		Ki6						TW5		Ki6

Stem 4 and 9 – Branch 4.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW5	UB62	Ki6	TW5	Sp4	GB41	Ki6	Sp4	GB41	UB62	Ki6	TW5
				PC6	TW5		PC6	TW5			

Stem 4 and 9 – Branch 5.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Sp4	GB41	Ki6	Ki6	TW5	SI3	Ki6	TW5	Sp4	GB41	Ki6
	PC6	TW5				UB62			PC6	TW5	

Stem 4 and 9 – Branch 6.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6	TW5	Sp4	GB41	Ki6
	PC6	TW5							PC6	TW5	

Stem 4 and 9 – Branch 7.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	PC6	Ki6	Lu7	GB41	Ki6	Lu7	TW5	UB62	PC6
					Ki6	TW5		Ki6			

Stem 4 and 9 – Branch 8.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6
					PC6	TW5		PC6			

Stem 4 and 9 – Branch 9.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
SI3	Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62
UB62				TW5		PC6	TW5				

Stem 4 and 9 – Branch 10.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	Ki6	Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41
TW5		PC6	TW5							PC6	TW5

Stem 4 and 9 – Branch 11.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Sp4	GB41	Ki6	Ki6	TW5	SI3	Ki6	TW5	Sp4	GB41	Ki6
	PC6	TW5				UB62			PC6	TW5	

Stem 4 and 9 – Branch 12.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	GB41	Ki6	Ki6	TW5	UB62	Ki6	TW5	Sp4	GB41	Ki6
	PC6	TW5							PC6	TW5	

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Open points according to Ling Gui Ba Fa - Stem 5 and 10

See page 9 for further information.

Stem 5 and 10 – Branch 1.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Lu7	TW5	UB62	PC6	Sp4	UB62	GB41	Ki6	Lu7	SI3	Ki6
	Ki6				PC6		TW5		Ki6	UB62	

Stem 5 and 10 – Branch 2.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41	Ki6
	PC6						TW5		PC6	TW5	

Stem 5 and 10 – Branch 3.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW5	UB62	GB41	Ki6	Lu7	SI3	Ki6	Ki6	TW5	UB62	PC6	Sp4
		TW5		Ki6	UB62						PC6

Stem 5 and 10 – Branch 4.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4
PC6	TW5							PC6	TW5		PC6

Stem 5 and 10 – Branch 5.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	Sp4	GB41	Ki6	Lu7	GB41	SI3	Ki6	TW5	UB62	PC6
		PC6	TW5		Ki6	TW5	UB62				

Stem 5 and 10 – Branch 6.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	Sp4	GB41	Ki6	Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6
		PC6	TW5		PC6	TW5					

Stem 5 and 10 – Branch 7.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Lu7	TW5	UB62	PC6	Sp4	UB62	GB41	Ki6	Lu7	SI3	Ki6
	Ki6				PC6		TW5		Ki6	UB62	

Stem 5 and 10 – Branch 8.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62	GB41	Ki6	Sp4	GB41	Ki6
	PC6						TW5		PC6	TW5	

Stem 5 and 10 – Branch 9.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	Ki6	Ki6	TW5	UB62	PC6	TW5	Sp4	GB41	Ki6	Lu7	SI3
TW5							PC6	TW5		Ki6	UB62

Stem 5 and 10 – Branch 10.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
UB62	Ki6	Ki6	Sp4	GB41	Ki6	Sp4	TW5	UB62	Ki6	TW5	UB62
			PC6	TW5		PC6					

Stem 5 and 10 – Branch 11.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	Sp4	GB41	Ki6	Lu7	GB41	SI3	Ki6	TW5	UB62	PC6
		PC6	TW5		Ki6	TW5	UB62				

Stem 5 and 10 – Branch 12.

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Ki6	TW5	Sp4	GB41	Ki6	Sp4	GB41	UB62	Ki6	TW5	UB62	Ki6
		PC6	TW5		PC6	TW5					

Tables of Traditional Chinese Acupuncture Chronotherapy

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Open points according to Fei Teng Ba Fa

Note: This system is effectively a simplified version of the Ling Gui Ba Fa, and is also known as the Ling Gui Fei Teng. It also uses only the Eight Confluent Points (see notes on page 9). Unlike the Ling Gui Ba Fa however, it only cycles through the Stems; the Branches are not considered in its calculations.

Stem 1 - Yang-Wood or Jia - Gall Bladder meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	UB62	PC6	Ki6	GB41	Lu7	TW5	SI3	Sp4	UB62	Sp4	UB62
PC6				TW5	Ki6		UB62	PC6		PC6	

Stem 2 - Yin-Wood or Yi - Liver meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Ki6	GB41	Lu7	TW5	SI3	Sp4	UB62	Sp4	UB62	PC6	Ki6
		TW5	Ki6		UB62	PC6		PC6			

Stem 3 - Yang-Fire or Bing - Small Intestine meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	Lu7	TW5	SI3	Sp4	UB62	Sp4	UB62	PC6	Ki6	GB41	Lu7
TW5	Ki6		UB62	PC6		PC6				TW5	Ki6

Stem 4 - Heart meridian - Yin-Fire or Ding

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW5	SI3	Sp4	UB62	Sp4	UB62	PC6	Ki6	GB41	Lu7	TW5	SI3
	UB62	PC6		PC6				TW5	Ki6		UB62

Stem 5 - Yang-Earth or Wu - Stomach meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	UB62	Sp4	UB62	PC6	Ki6	GB41	Lu7	TW5	SI3	Sp4	UB62
PC6		PC6				TW5	Ki6		UB62	PC6	

Stem 6 Yin-Earth or Ji - Spleen meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	UB62	PC6	Ki6	GB41	Lu7	TW5	SI3	Sp4	UB62	Sp4	UB62
PC6				TW5	Ki6		UB62	PC6		PC6	

Stem 7 - Yang-Metal or Geng - Large Intestine meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
PC6	Ki6	GB41	Lu7	TW5	SI3	Sp4	UB62	Sp4	UB62	PC6	Ki6
		TW5	Ki6		UB62	PC6		PC6			

Stem 8 - Yin-Metal or Xin - Lung meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
GB41	Lu7	TW5	SI3	Sp4	UB62	Sp4	UB62	PC6	Ki6	GB41	Lu7
TW5	Ki6		UB62	PC6		PC6				TW5	Ki6

Stem 9 - Yang-Water or Ren - Urinary Bladder meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
TW5	SI3	Sp4	UB62	Sp4	UB62	PC6	Ki6	GB41	Lu7	TW5	SI3
	UB62	PC6		PC6				TW5	Ki6		UB62

Stem 10 - Yin-Water or Gui - Kidney meridian

23-1	1-3	3-5	5-7	7-9	9-11	11-13	13-15	15-17	17-19	19-21	21-23
Sp4	UB62	Sp4	UB62	PC6	Ki6	GB41	Lu7	TW5	SI3	Sp4	UB62
PC6		PC6				TW5	Ki6		UB62	PC6	

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Further Information on the Zi Wu Liu Zhu

The term Zi Wu Liu Zhu means: "time flow treatment method"; it originated in classical times as a composite of several classical methods. Over the years this term has tended to become a generic name for systems that are a combination of several other methods. The system provided here is the original classical method.

Important information on Ling Gui Ba Fa and Fei Teng Ba Fa.

Both systems use the Eight Confluent Points according to the rule of "Supply & Support":

host/guest	(Lu7 & Ki6)
son/daughter	(GB41 & TW5)
husband/wife	(SI3 & UB62)
father/mother	(Sp4 & PC6)

In these systems, the points on the first line are treated alone when no pair can be formed according to the rule of Supply and Support. When there is a matching pair, the point on the first line should in each case be treated first, followed by the point on the line below it.

Please Note:

In each table the first row represents the time period during which the point(s) are open, in 24 hour notation. All times given in the tables represent astronomical solar time, not civil time.

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